



Inspire Star Kids - Transdisciplinary Program



Programs

2-3 years – Star Seekers

3-4 years – Galaxy Explorers

4-6 years (year before school) – Rocket Rangers

Days of attendance

Monday, Tuesday, Wednesday, Thursday, and/or Friday

Times of attendance

9.00am – 12.00pm or

12.30pm – 3.30pm

Location

Shop 6/38 Exchange Parade, Narellan NSW

Designed and implemented by

Inspire Star Kids programs are designed by experienced clinicians and the programs are implemented by clinicians within the disciplines of Speech and Language Pathology, Occupational Therapy, Psychology, Music Therapy and Art Therapy, as well as Educators. Our program delivery is assisted by our student program, where students are completing allied health, medical or education degrees at university.

Group Size

- Maximum of 6

Staff/Child ratio

- Minimum 2:6

Outcome measures

Outcome measures play a crucial role in assessing the efficiency of educational programs, with a three-tiered approach comprising pre-tests at the program's outset, mid-year assessments, and post-tests at year-end. The pre-test establishes a baseline for each child, aiding in tailored instruction, while mid-year assessments track progress, enabling timely adjustments to instructional strategies. The post-test serves as a final evaluation, quantifying overall growth and program effectiveness. This systematic use of at least two outcome measures throughout the year provides a comprehensive understanding of individual development and informs targeted interventions, ensuring that educational strategies align with the unique needs of each child.

Enrolment process

Step 1. Complete intake form

Step 2. Meet with Head of Transdisciplinary Team

- Child observation
- Pretest
- Client paperwork
- Receive information pack

Step 3. Placement in appropriate group

Step 4. Whole payment to be made at the commencement of program

Step 5. Receive teachable log in to access online modules and resources

Cost

- \$3879.64 per 12-week term

Each week

- 2 3/4-hour transdisciplinary program
- 15-minute discussion with parents
- Administration fees

- Pack up and down
- Resource development
- File notes

Plus

- Pre/post testing required in that period
- Consultation with head of transdisciplinary team if required
- Subscription to weekly training modules for parents
- Take home box each term with resources to continue learning at home

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- Multidisciplinary (Speech and Language Pathology, Occupational Therapy, Psychology, Art Therapy, Music Therapy and Education)
 - Focuses on:

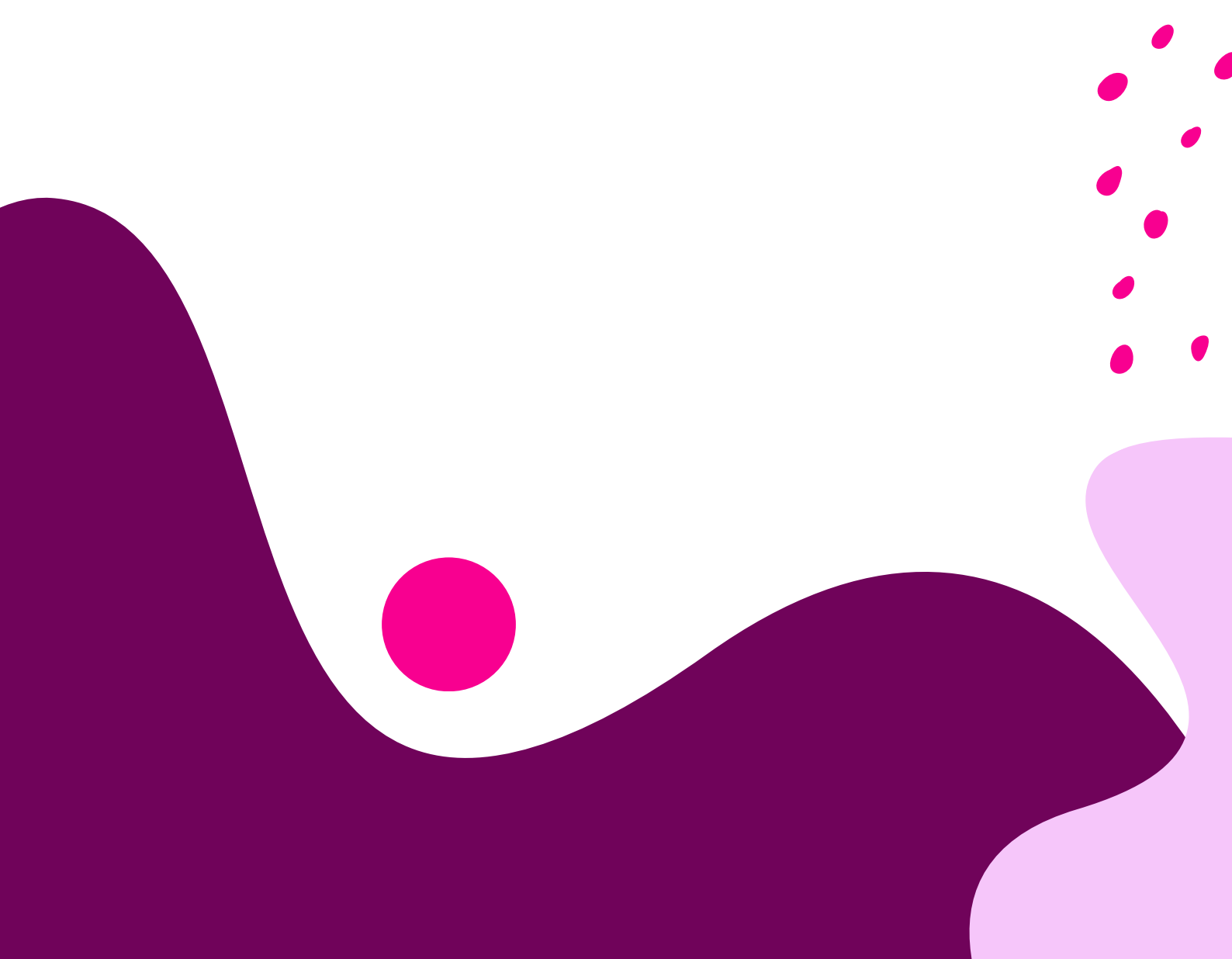
- Sensory integration
- Cognition
- Speech development
- Receptive and expressive language
- Fine motor skills
- Gross motor skills
- Play skills
- Social emotional development
- Behavioural regulation and modification
- Routines and transitions
- Early Literacy
- Early Numeracy
- Music/dance
- Creative arts

- Structure
 - *30 minutes of Sensory integration* – preparing for focused learning and attention by engaging in sensory activities targeting individual needs.
 - *45 minutes of Focused Learning* – developing cognition, early literacy & numeracy skills.
 - *30 minutes for a Food break* – opportunity to develop routine, self-help and social skills around meal times.
 - *45 minutes of Rotations* – smaller focused group activities targeting fine motor, receptive and expressive language and emotional development skills in short 15 minute bursts.
 - *15 minutes of Social interaction* – bigger group activities targeting important skills for interacting with peers, including learning sports, dance, group games and play.
 - *15 minutes for Discussion with parents* – feedback to parents provided following the session, either at 11.45am or 3.15pm.



What children need to bring

-
- Backpack
 - Water bottle
 - Snack (Nut free) – encourage at least 1 piece of fruit or vegetable
 - Change of clothes
 - Nappies/wipes (if not toilet trained)





Contact

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Interested in our services? Click the link below to register:

[https://macarthurchildrensdevelopmentalclinic.snapforms.com
.au/form/participant-intake-form](https://macarthurchildrensdevelopmentalclinic.snapforms.com.au/form/participant-intake-form)

